River Valley Resources Rural Works and Adult Education

RURAL WORKS RE-ENTRY WORKSHOP

THE CLASS NORMALLY TAKES 2 DAYS (6-8 HOURS TOTAL). BUT STAFF WILL WORK WITH EACH JAIL TO CUSTOMIZE.

01

JOB PREP Steps to get ready for a job interviewincludecraftinga professional resume, practicing interview skills, enhancing communication, and selecting appropriate attire.

MONEY CHAT

Financial and Digital Literacy is a training program designed to equip you with skills for securing your financial future, reducing debt, and mastering money management.

03 SETTING GOALS

Steps to setting goals, time management, and how to handle to failures. why it is important, and how to do it well.



04

SELF-TALK

Self-talkisatoolthat strengthens your communication capabilities and encourages you toembraceyourpersonal responsibilities.

05

SELF CARE Engage with your emotional intelligence, self-understanding, continuous learning, autonomy, and health.



06

GET STARTED

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